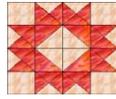


Nifty Needles Quilt Guild Newsletter



March 2023



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Ongoing

April 21-22

April 25

June 16 & 17

June 26-July 1

Book Sale at Extension Office

Quilt Retreat, Bourbon County Extension Office

Guild meeting, 6:30 p.m. at Extension Office

Horse Show Hospitality Booth for Fair

Bourbon County Fair - Entries taken on June 26

April Refreshment Hostesses

~Judi Finn

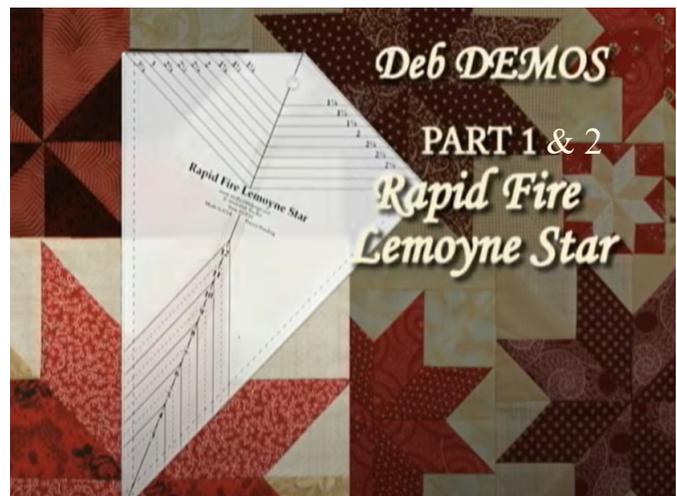
~Mary Ross

~Mary Pochodzay

Kay Denniston

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APRIL PROGRAM



Cooperative Extension Service
Agriculture and Natural Resources
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Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

Nifty Needles Quilt Guild Meeting Minutes, March 28, 2023

The meeting was called to order by our president, Shirley Gentry.
There were 19 members present, including our guest Karen May.

Treasurers report from Cheryl Royalty.

Bank balance as of March 7, 2023, was \$1562.25

Door prize balance as of March 27, 2023, was \$43.50.

This month's door prize of chocolate bunny, surgical seam ripper and a pair of cute little bunny themed dish towels was won by Sharon Crump! The chocolate bunny was delicious!

Our speaker of the month was Dani D'Arge, and she did a presentation on Stripology rulers. She had samples of three sizes of rulers, fabric, and patterns. Also, there was an excellent video presentation from gequiltedesigns.com on how to use these rulers. It is also an excellent web site!

In new business, Alice Turley donated a tea cup in memory of Doris Williams to be added to the Bourbon County Extension Homemakers Memory Cabinet.

Plan for the Bourbon County Fair June 26, through July 1, 2023. We need volunteers to take in entries, also there is a need to change and add entries to the fair book. Please bring all your ideas to the next meeting. There was a motion made, and approved to change the time for our monthly meetings.

*****Beginning May 30, 2023 our meeting will begin at 6:00pm for refreshments and 6:30pm for the meeting to begin. The day, last Tuesday of the month, and the place remain the same.

Our Log Cabin Quilt has 7 blocks completed so far. Please complete your block by the August meeting.

The number of blocks made will determine the size of this quilt.

Mary Pochodzay has volunteered to hand stitch the binding down. Thank you, Mary!

Levana Spencer won the fat quarters at the Christmas party and the cash prize was donated to The Bourbon County Backpack Program.

The collage quilt class is still in progress, presented by Sew A Lot and in conjunction with the Fayette County quilting group.

There are still fat quarters available for purchase, left from December.

Words of Wisdom from Kay Denniston.

The annual Homemakers Meeting will be held April 20, 2023. Make reservations by April 14th.

The cost is \$20.00 per person, and it will be catered by Columbia Steak House.

Part of the annual meeting is the Helping Hands Auction. This auction raises scholarship money.

Respectfully submitted,

Sharon Crump,



A NOTE ABOUT OUR PRESIDENT

Hello fellow quilters,

A is many of you know s National Quilt Month, and March 18 is National Quilt Day. Several quilting communities host “Quilters Day Out,” an event that usually includes all the things quilters love—lots of quilts to admire and inspire, food, possibly a speaker or class, connection with fellow quilters, and, of course, shopping. There are several events scheduled statewide, including those in Lexington, Morehead and Burlington.

If you attend a “Quilter’s Day Out” gathering, there is going to be something to catch your eye, something new or something you learn. Take a mental note of it, and so we can share what we learned at our next meeting.

This is your Guild. What would you like to do in the coming year?

Regards,

Shirley



Plate It Up! Kentucky Proud Recipe



Asian Asparagus Salad

1 pound fresh asparagus

1½ tablespoons low sodium soy sauce

2 teaspoons sugar or artificial sweetener

1 tablespoon olive oil

2 teaspoons sesame seeds

- 1. Snap** off and discard the root ends of the asparagus.
- 2. Wash** remaining stalks thoroughly.
- 3. Slice** stalks into 1½ inch lengths on the diagonal.
- 4. Blanch** asparagus for 1-3 minutes in boiling water, until bright green in color.
- 5. Cool** immediately under cold water and drain.
- 6. Combine** soy sauce, sugar, olive oil, and sesame seeds in a small glass bowl. **Mix** dressing until sugar is dissolved.
- 7. In** a gallon zip-seal bag, add asparagus and dressing. **Turn** bag to coat asparagus with dressing and chill in the refrigerator for 15 minutes. **Turn** bag again and chill for an additional 15 minutes before serving.

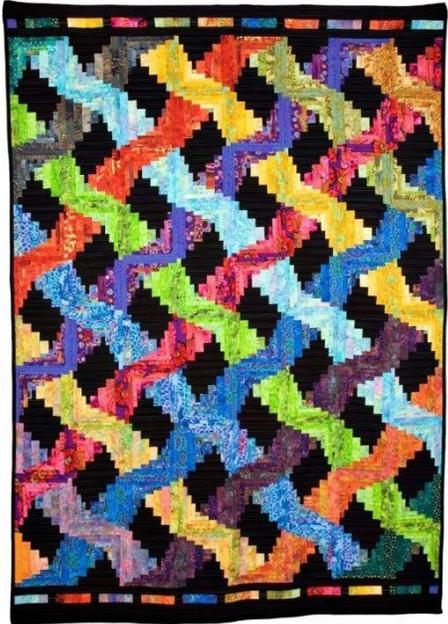
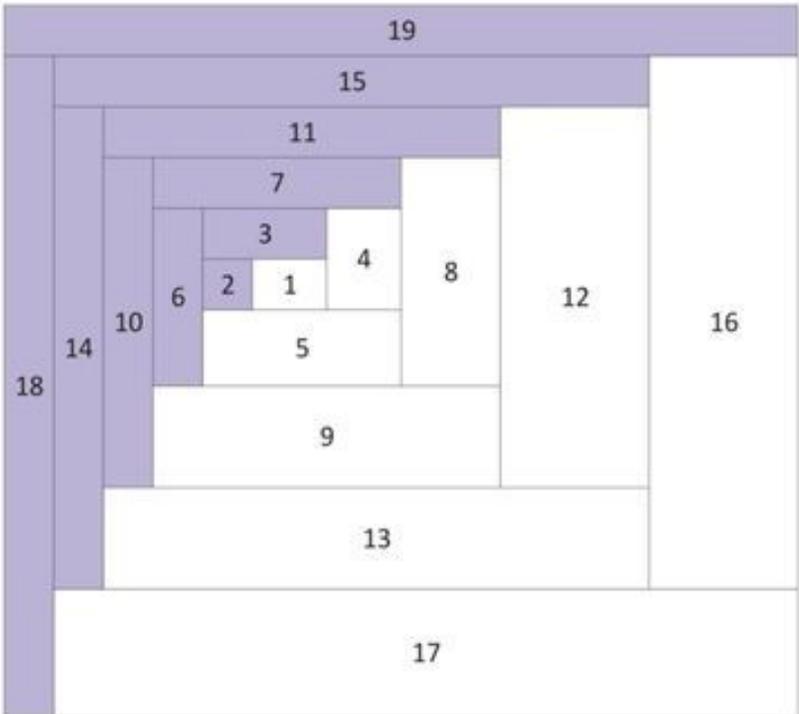
Yield: 4, ½ cup servings.

Nutrition Analysis: 70 calories, 4.5 g fat, .5 g sat. fat, 0 mg cholesterol, 250 mg sodium, 7 g carbohydrate, 2 g fiber, 3 g protein.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



HAVE YOU TRIED MAKING CURVED LOG CABIN BLOCKS YET?



Colour side : cut all to 1" wide strips

- 2: 1"
- 3: 1 3/4"
- 6: 2 1/4"
- 7: 3"
- 10: 3 3/4"
- 11: 4 1/2"
- 14: 5 1/4"
- 15: 6 1/2"
- 18: 7"
- 19: 8 1/2"

White side : Wide by Hight

- 1: 1 1/4" * 1"
- 4: 1 1/4" * 1 1/2"
- 5: 2 1/2" * 1 1/4"
- 8: 1 1/2" * 2 3/4"
- 9: 4" * 1 1/2"
- 12: 2" * 4 1/4"
- 13: 6" * 1 1/2"
- 16: 2" * 5 3/4"
- 17: 8" * 1 3/4"

